



**KING'S
CHURCH** (<http://kingschurchedinburgh.org/>)
EDINBURGH

How to Pray

PRAYER

God wants us to share our innermost thoughts with Him, being candid about how we feel. He wants to lift our gaze, to take us up high and see things from His perspective. When we allow Him to do this, things that seem confused and hedged in suddenly have order and meaning. Let's allow God to change our perspective so that we are able to see the Lord in all His splendour!

Questions:

- How is your own prayer life? What parts of prayer do you find the most difficult? Are there ways to pray that have worked for you?
- How much time would you spend in worship, focusing on 'the Lord in His glory'? What has helped you do this?
- Matthew shared about the 3 concentric circles that you can use to pray (inner, middle, outer). As a group, practice this for 10 minutes. Choose a subject, decide on which things fall in the inner circle (things that are close to you); the middle circle (things one step removed from you); and the outer circle ('bigger picture' things that are much further out).



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A New Ground (<http://newgroundchurches.org/>) church, part of Newfrontiers (<http://newfrontierstogether.org/>).