

# The Priority of Prayer



## Daniel 6

God wants His people to shine for Him in the dark surroundings of this world. To do that, we must be people of prayer. In Daniel chapter 6, Daniel faced the biggest crisis of his long life. Through this story, we can learn how to cultivate a prayer life like Daniel, which saw him navigate the storm and brought great glory to God.

- Read Daniel 6 out loud together, or get the group to summarise the story together.

### Questions for discussion:

- How would you describe prayer in 2 or 3 sentences?
- In three words or less, how would you describe your own prayer life?
- **REGULAR:**
  - The prohibition against prayer was only set to last for 30 days. But Daniel knew he needed to pray more than he needed to draw his next breath. Is that how you view prayer?
  - Why do you think Daniel prayed three times every day?
  - Do you have a regular pattern of prayer?
  - What could you do to make your prayer life an ongoing conversation with God throughout each day?
- **REPEATED:**
  - When Daniel's crisis came, he had a lifetime of habitual prayer behind him. Are your daily habits preparing you for the storms of life?
  - If you've experienced dry spells in your prayer life, where it has felt more like a chore than a joy, how did you overcome that?
- **REMEMBERING**
  - Why do you think Daniel prayed facing Jerusalem through open windows?
  - Do you take time to remember God's promises and His character as you pray?
  - What role does thanksgiving have in prayer?
- **RESTFUL**
  - Daniel is the only person in the story who seems to have any peace. What role did his prayer life have in that?
- **RENOWNED**
  - Daniel was clearly a renowned man of prayer because his enemies knew he would break Darius' new law. Equally, he didn't push his prayer life in other people's faces – he could have protested Darius' law in the marketplace, but he simply went to his upper room to pray. How can we strike that balance to be renowned people of prayer while not 'performing' in front of others?
- **RESCUE**
  - Pray for people who do not yet know Jesus that they may call out to Him for salvation.
  - Pray for any areas of your life where you need breakthrough.